

CLIENT BILL OF RIGHTS
CLINICAL HYPNOSIS OF SOUTHERN MAINE

Contact Information: My name is Patti Rutka and my business is Clinical Hypnosis of Southern Maine. I can be contacted through my office at 21 Donald Dean Drive, South Portland, ME 04106 or by telephone at 874-9859 (FAX) 871-1818.

Education, Training, and Redress: I was trained in hypnosis by The Hypnotherapy Training Company, Julie Griffin, BCH. I am a certified member of the National Guild of Hypnotists, practice in accordance with its Code of Ethics and Standards, and I do annual continuing education to maintain my training at a high level. The NGH is the oldest and largest hypnotism organization in the world and its certification is the most widely recognized credential for the profession of the hypnotic arts. You may contact the NGH at P.O. Box 308, Merrimack, NH, 03054, (603) 429-9438. Other services than my own may be available to you in the community.

Notice: THE STATE OF MAINE HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Under Maine law a hypnotherapist may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnosis services at any time. A client has a right to be free of physical, verbal, or sexual abuse. A client has a right to know the expected duration of treatment, and may assert any right without retaliation.

Fees: The charge for my services is \$120.00 for individual sessions, and \$200.00 for two-session smoking cessation. The rate for two-session couple's smoking cessation is \$350; "couples" can be husband-wife, domestic partners, parent-child, or friends who have regular weekly or daily contact and will be of strong support to one another in quitting. You will be given one month's notice of any change in fees. You may be billed for sessions cancelled with less than 24 hours' notice. I accept only check or cash and do not take credit or debit cards.

Office policies: Only the client may be in the hypnosis room for the session; adults or children accompanying the client may wait in the waiting room. Cell phones must be turned off.

Confidentiality: I will not release any information to anyone without a written authorization from you, except as provided for by law. You have a right to be allowed access to my written record about you.

Insurance: I suggest you think of my services as something you will pay for personally. That will both protect your privacy and help you value the work you are doing more. In general, insurance companies do not like to cover hypnotic services, and I caution you not to expect them to do so.

My approach: All hypnosis is self-hypnosis. Hypnosis is a natural state of human consciousness, and I do not put you into hypnosis; I can guide you to it, but you do that yourself. I do not treat, diagnose, or prescribe. I can teach you how to get in touch with your own inner wisdom and to make your own right decisions or get in touch with your own natural healing power.

Client Signature: I have received and read this Client Bill of Rights and understand what I have read.

Client Name (print): _____

Client Signature: _____

Date: _____

FAX Form To: 207.774.3510, or
Mail to: Patti Rutka
222 Saint John St., Suite 137
Portland, ME 04102